

New Life Christian Fellowship
Bible Study
Ephesians Chapter 4

Welcome to the fourth of six studies of the Book of Ephesians.

Ephesians Chapter 4 presents principles for the believer's conduct in the world. We learn how to walk worthy in the unity of the Spirit with faith and knowledge. We also discuss the old man and discover that we must put on the new man.

Day One

1. What are the 4 things Paul exhorts the Ephesians to do in verses 1-3?

2. List the seven reasons for Paul's call to unity in verse 3 that are provided in verses 4-6.

3. Listed below are 12 major Christian denominations from the World Almanac and Book of Facts. Not listed are hundreds of smaller churches not affiliated with a particular denomination and divisions amongst the different major denominations.

Seeing the seven aspects of oneness to Christianity in verses 4 through 6, why do you think there are so many different denominations today? Why do you think there was division in the early church?

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| ▪ Baptists | ▪ Methodists |
| ▪ Church of Christ (Disciples) | ▪ Orthodox |
| ▪ Episcopalians | ▪ Pentecostal |
| ▪ Jehovah's Witnesses | ▪ Presbyterians |
| ▪ Latter-day Saints (Mormons) | ▪ Roman Catholics |
| ▪ Lutherans | ▪ United Church of Christ |

Day Two

1. What are the two aspects of Christian doctrine that Paul contrasts in verses 4 through 13?

2. What does it mean when it states that Jesus *"led captives in his train"*?

3. Jesus gave us the gifts of apostles, prophets, evangelists, pastors and teachers. These gifts progressively benefit the church. What are the 4 stated purposes for these gifts that build upon one another described in verses 11, 12 and 13? Also, describe in your own words what the end result of the gifts on the church should be.

Day Three

1. Describe the two results or benefits of spiritual maturity provided in verses 14 and 15 of Ephesians Chapter 4.

2. The Living Bible translation of Col 3:10-11 says: *You are living a brand new kind of life that is continually learning more and more of what is right, and trying constantly to be more and more like Christ who created this new life within you.*

What do you think are the habits we need to develop as individual believers to reach our spiritual maturity?

Day Four

1. Who were the people in the following verses that were considered spiritually mature? Why?

- John 1:43-46
- Acts 17:10-11

2. Describe the 7 aspects of the life of the Gentiles provided in verses 17 through 19 of Ephesians Chapter 4.

3. Paul states that the Ephesians were taught certain things in verses 22 through 24. What were they taught?

Day Five

List all the fifteen things we should do as Christians as provided in the following verses from Ephesians Chapter 4:

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| ▪ Verse 15 | ▪ Verse 25 | ▪ Verse 27 | ▪ Verse 30 |
| ▪ Verse 15 | ▪ Verse 25 | ▪ Verse 28 | ▪ Verse 31 |
| ▪ Verse 16 | ▪ Verse 26 | ▪ Verse 28 | ▪ Verse 32 |
| ▪ Verse 17 | ▪ Verse 26 | ▪ Verse 29 | |

Day Six

How are we to put off the old man and put on the new self? What can we do to renew our minds as it says in Romans 12:2?